

# PUNCH IT<sup>®</sup>

HEALTHY CAFE



## *Beverages*

"Here is your place for replenishing your energy storage"

# THE DAY

THE DAY  
STARTS WITH  
A GOOD MUY THAI  
COFFEE FROM THAILAND.

## STARTS

### HOT AFFAIR






Americano (1)	THB 80.-
Espresso (2)	THB 70.-
Cappuccino (3)	THB 100.-

Latte Macchiato	THB 110.-	
Caramel Macchiato(4)	THB 110.-	
Chocolate	THB 100.-	
Latte Chai Tea (5)	THB 90.-	



### ALL DAIRY PRODUCTS

are optional according to your wish to customize

	0% Fat Milk	THB 10.-
	Almond Milk	THB 40.-
	Oat Milk	THB 30.-
	Shake	THB 20.-
	Whip Cream	THB 40.-



# MUAY THAI ORGANIC COFFEE

ARABICA COFFEE

Chiang Mai  
1200M MATURED  
IN HEIGHT

1000g



Coffee for that Extra Boost  
with The Right Taste  
Recommended by  
Real Muay Thai  
Fighters from Thailand



250g THB 295

The coffee beans come from the mountains of Chiang Mai in Thailand  
They are harvested and roasted by hand by a family business.  
Every year we donate part of the coffee sales directly to the workers

## COLD AND FRESH



Iced Americano	THB 90.-
Iced Cappuccino (6)	THB 110.-
Iced Latte Macchiato	THB 100.-
Iced Caramel Macchiato(7)	THB 130.-
Iced Chocolate (8)	THB 110.-
Iced Latte Chai Tea (9)	THB 100.-

0% Zero sugar

vegan

# THE FRUITY DRINKS



## SPLASH KITO SODA 400ml.

### THE FRUTY KICK



( 1 )

Mango - Passion Fruit

THB 90.-

### THE MUAY MAGIC



( 3 )

Raspberry - Peach

THB 90.-

### THE FRESHENER



( 2 )

Lemon - Strawberry

THB 90.-

### TH THIRST QUENCHER



Peach - Mango

THB 90.-



## FRESH FRUIT JUICES 400ml.

Kiwi Thai Ginger Juice

THB 120.-



( 4 )

Pineapple Lime Juice

THB 120.-



( 5 )

Orange and Basil Juice

THB 120.-



Watermelon Lime Mint Juice

THB 120.-



( 6 )

Fresh Coconut

THB 80.-

All Fruit Juices with Ice, without Ice + THB 40

ALL SHAKE AND SMOOTHIE  
ARE OPTIONAL ACCORDING TO YOUR WISH TO CUSTOMIZE



20g vegetarian protein THB 50



Zero sugar



vegan

# BLENDDED FRUITY



## BLENDDED FRUITY 400ml.

### ORANGE FESTIVAL 🍃 (7)

Mango – Orange – Passion Fruit Yoghurt Smoothie, THB 130.-

### COLD SEDUCTION 🍃 (8)

Strawberry – Apple , lime Yoghurt Smoothie, THB 130.-

### THE ENERGY EXPLOSION 🍃 (9)

Banana, Orange, Pinapple Yoghurt Smoothie, THB 130.-

Passion Fruit – Mango - Organge Frappé 🍃 (10) THB 130.-

Coconut – pineapple Frappé 🍃 (11) THB 130.-

Coconut – Frappé 🍃 THB 110.-



NO SUGAR ADDED  
and vegan

# COLD-PRESSED JUICES

Vita Lamai

Carrot, Orange, Green & Red Apple

Vitamin Boss  
Spinach, Mango, Banana, Orange

THB 160.-

Green Punch it  
Rale, Red & Green Apple,  
Pineapple, Orange

THB 160.-

Detox Master  
Beetroot, Carrot, Green apple, Celery

THB 160.-

0% Zero sugar

NO SUGAR  
ADDED

# PROTEIN Shake!



(40G VEGAN PROTEIN) 400ML

All the shakes are made with water.

You have the following options to customize:

Banana	THB 150.-		0% fat milk	THB 40.-
Chocolate-Cinnamon	THB 150.-		Almond Milk	THB 60.-
Coffee	THB 150.-		Oat Milk	THB 70.-
Forest Fruits	THB 150.-		+20g more Protein	THB 50.-
Vanilla Cookie	THB 150.-			



## HOME MADE ICE TEE 500ml.

Lemon Ice tea (1)	THB 100.-	
Herbal tea (2)	THB 100.-	
Orange mint Ice tea (3)	THB 100.-	



## BEER 330ml.

Leo	THB 90.-
Chang	THB 90.-
Singa	THB 90.-

## SOFT DRINKS

Water	THB 30.-
Soda Water	THB 50.-
Coca Cola Zero	THB 60.-
Fanta Orange Zero	THB 60.-
Sprite Zero	THB 60.-
Coca Cola	THB 60.-
Fanta Orange	THB 60.-
Sprite	THB 60.-



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